

Incarceration Affects the Whole Family

Children of incarcerated parents and their caregivers need support.

The Family Ties Inside Out Project is here to help with a number of new virtual support groups.

Audience:	Hosted by:	Day/Time:	To Register:
Preschool-aged Children & their Caregivers (Ages 3-4 years)	Family Connections Resource Center	Last Wednesday of each month 4:00-5:00 pm	https://samanthajones.aidaform.com/free-event-registration-form Or email sjones@childrenunlimitedinc.org
Elementary School (Ages 5-9 years)	Family Resource Center of Central NH	Twice monthly on the 2nd and 4th Mondays of each month 4:30-5:30pm	Sign up now Or email tricia.tousignant@lracs.org
Middle School (Ages 10-13 years)	The Family Resource Center	The 3rd Tuesday of each month 4:30-5:30 pm	https://forms.office.com/r/eXZYkexEcp
High School (Ages 14-18 years)	The Upper Room Family Resource Center	The 3rd Tuesday of each month 4:30-5:30pm	Sign up now Or email kparent@urteachers.org
Caregivers of Children with Incarcerated Parents	Families First Health & Support Center/ Greater Seacoast Community Health	Last Monday of each month 6:30-7:30pm	Sign up now Or email pbaker@familiesfirstseacoast.org
Caregivers of Children with Incarcerated Parents	Greater Tilton Area Family Resource Center	First Thursday of each month 1:00-2:00 pm	To sign up, email peisner@gta-frc.org

Children of incarcerated parents and their caregivers need to know they're not alone! Join us for a safe place to feel supported, offer understanding to others, process feelings and learn how to cope with them.

Children's groups will do all of this through games, stories & other playful activities.

All support groups will be held via Zoom.

All participants will receive a \$20 Walmart Gift Card for each session they attend.