

# MOBILE HEALTH & DENTAL SERVICES



## *For adults in temporary or unstable housing*

- Medical and dental care
- Access to substance misuse treatment and psychiatric care
- Medications (no narcotics)
- Help applying for Medicaid, housing, and other benefits
- Call 1-888-922-0005 to confirm sites and schedule.

## **Families First**

*support for families...health care for all*

**FamiliesFirstSeacoast.org**

**603-422-8208**

*Offering health and dental care, parent/family groups, and individualized family support*

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**FAMILIES FIRST MOBILE HEALTH SERVICES**

No Appointment Needed || Always Confidential

MONDAYS		TUESDAYS		WEDNESDAYS		THURSDAYS		FRIDAYS	
<b>Dover, 8:30 AM-12:30 PM</b> Strafford County Court 259 County Farm Rd.	<b>Portsmouth, 10:30-12:30 PM</b> Seacoast Community Church 397 Lafayette Road	<b>Portsmouth, 8:30-10:30 AM</b> Cross Roads House (inside) 600 Lafayette Road	<b>Portsmouth, 8:30-10:30 AM</b> Cross Roads House (inside) 600 Lafayette Road	<b>Exeter, 11:30-1:30 PM</b> St. Vincent dePaul 53 Lincoln Street	<b>Exeter, 11:30-1:30 PM</b> St. Vincent dePaul 53 Lincoln Street	<b>Portsmouth, 8:30-11 AM</b> Cross Roads House (inside) 600 Lafayette Road	<b>Portsmouth, 8:30-11 AM</b> Cross Roads House (inside) 600 Lafayette Road	<b>Portsmouth, 2-4:30 PM</b> Margeson Apartments 245 Middle Street	<b>Portsmouth, 2-4:30 PM</b> Margeson Apartments 245 Middle Street
<ul style="list-style-type: none"> <li>• Medicaid, Medicare and other insurance accepted. If you're uninsured, services will be low-cost or free.</li> <li>• For more info: 603-422-8208 (Kim x-303, Rebecca x-129)</li> <li>• Reach a nurse, 24/7: 603-422-8208 (press 1)</li> </ul>		<ul style="list-style-type: none"> <li>• Medicaid, Medicare and other insurance accepted. If you're uninsured, services will be low-cost or free.</li> <li>• For more info: 603-422-8208 (Kim x-303, Rebecca x-129)</li> <li>• Reach a nurse, 24/7: 603-422-8208 (press 1)</li> </ul>		<p><b>Dental Clinics (first-come, first-served)</b></p> <ul style="list-style-type: none"> <li>• Thursdays, 8:30 a.m. Cross Roads House, Portsmouth</li> <li>• Fridays, 9:30 a.m. St. Vincent DePaul, 53 Lincoln St., Exeter</li> </ul>		<p><b>DENTAL CLINICS (first-come, first-served)</b></p> <ul style="list-style-type: none"> <li>• Thursdays, 8:30 a.m. Cross Roads House, Portsmouth</li> <li>• Fridays, 9:30 a.m. St. Vincent DePaul, 53 Lincoln St., Exeter</li> </ul>			

*Revised October 2018*

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