

Who's In Charge In Your Home?

- ◆ Establish your authority
- ◆ Build family respect
- ◆ Reduce power struggles

Put yourself in the driver's seat.
You will be happier, and so will
your kids.

Facilitator:
Joanna Wicklein, CFLE



Tuesday evenings
6 - 7:30 p.m.
Sept. 27 and Oct. 4, 2011

Community Campus,
Portsmouth

Free!

Includes free child care
for ages 12 and under

Registration required:
603.422.8208 (press 2)



Families First

support for families...health care for all

www.FamiliesFirstSeacoast.org

603.422.8208

Families First Health & Support Center is a nonprofit community health center providing health care and family services. Support for parenting and family programs comes from NH Department of Health and Human Services, Foundation for Seacoast Health, United Way of the Greater Seacoast, Fuller Foundation, International Women's Club of New England, and the Towns of Hampton, Seabrook, Portsmouth, Greenland, Rye, Stratham, Exeter, North Hampton, New Castle and Hampton Falls.



Evening
programs
include dinner
for kids!