

In Seabrook

Parent Recharge

Build a little GROWNUP TIME into your week



*Take some time
for yourself ...*

*Relax, swap ideas and
enjoy activities with
other parents ...*

*while we take care
of your kids!*

- When:** Tuesdays, 10 to 11:30 a.m
- Where:** Seabrook Library
25 Liberty Lane
(New location for June 29 – August 24)
- Cost:** Seabrook residents free
- Child care:** Free for ages 12 and under;
advance signup required
- More info:** www.FamiliesFirstSeacoast.org
- Advance signup required!** Call 422-8208 x2

Presented by:

Families First

support for families...health care for all

In collaboration with:

Seabrook
Library

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