

The Kind of Play Every Child Needs



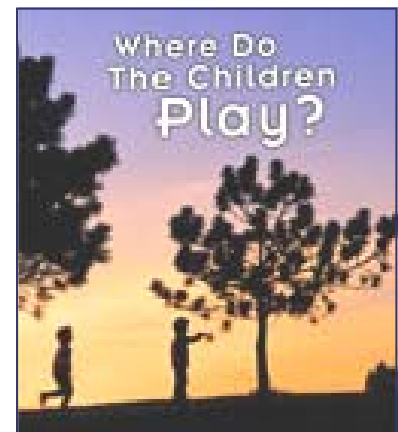
- View and discuss excerpts from the documentary *Where Do the Children Play?*
- Learn how outdoor play benefits your child's mental and physical health
- Learn and share information on outdoor play

Facilitator: Bob Pavlik, M.Ed.

Families First

support for families...health care for all

- Date:** Thursday mornings, August 12 & 26, 2010
Time: 9:30 – 11:00 am
Place: Community Campus, Portsmouth
Cost: Free!
Child care: Free for ages 12 and under with advance signup
More info: www.FamiliesFirstSeacoast.org
Advance signup required! Call 422-8208 (press 2)



Families First Health & Support Center is a nonprofit community health center providing health care and family services. Support for parenting and family programs in Portsmouth comes from The NH Department of Health and Human Services, the Foundation for Seacoast Health, Portsmouth Regional Hospital, NH Children's Trust Fund, United Way of the Greater Seacoast, Fuller Foundation, Portsmouth Community Development Block Grants, and the Towns of Rye, Greenland and Stratham.