

# THE HEALTH CARE VAN



## FOR PEOPLE WHO ARE:

Between homes,  
living in a shelter,  
campground,  
rooming house,  
winter rental, or  
couch surfing.



We are at several  
convenient locations



No Appointment Needed



Confidential! Your privacy  
is our #1 concern.



It is affordable!  
Even if you have no  
insurance and cannot pay,  
you can still receive  
high-quality health care  
on the van.

## LOOK FOR US ON ONE OF OUR VANS!



# Families First

*support for families...health care for all*

(603) 422-8208

[www.FamiliesFirstSeacoast.org](http://www.FamiliesFirstSeacoast.org)

BETWEEN HOMES?  
NOT FEELING WELL?

HAVEN'T SEEN A  
DOCTOR LATELY?



THE  
HEALTH CARE VAN  
CAN HELP

# Families First

*support for families...health care for all*

## Come by the health care van for ...

- Primary health care
- Basic health screenings
- Emergency Dental
- Foot care
- Access to prenatal care

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## Everyone is Welcome

- Single
  - Partnered
  - Families
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## We can help you with referrals for...

- Substance use counseling
- Mental health care
- Family support
- Living situation

## VAN SCHEDULE

### PORTSMOUTH

**Cross Roads House, Lafayette Rd  
Clinic Inside (no van)**  
Every Monday, 9-11:30 AM  
Every Thursday, 8:30-10:30 AM

**Seacoast Community Church, Lafayette Rd**  
First Tuesday of month, 11 AM - 1 PM

**Salvation Army (upstairs), Middle St.**  
Every Tuesday, 4-6 PM

**St. John's Episcopal Church, Chapel St.**  
Every Thursday, 11 AM - 2 PM

### HAMPTON

**Summer Schedule (May-September)**  
**Salvation Army, Route 1**  
Every Tuesday except the first Tuesday  
9AM- 12:30 PM

**Winter Schedule (October-April)**  
**Hampton Beach (Across from McDonalds)**  
Every Tuesday except the first Tuesday  
9 AM- 12:30 PM

### DOVER

**Train Station, Chestnut St.**  
Every Wednesday, 9-11 AM

### ROCHESTER

**Salvation Army, 10 Olde Farm Lane**  
Every Wednesday, 12:30-2:15 PM

### FARMINGTON

**Fire Station, 381 Main Street**  
Every Tuesday, 9 AM-11 AM

## Overwhelmed? We can help you fill out your paperwork for ...

- Food stamps, WIC, TANF
- SSI/SSDI
- Housing
- Medicare, Medicaid
- NH Healthy Kids
- SeaCare Health Services

**Please call  
1-888-922-0005  
to check for schedule  
changes, additions or  
cancellations.**

## FIND OUT MORE:

Call 603-422-8208 and ask for  
Maureen Keating (ext. 111) or  
Emily Thompson (ext. 129).

**We Welcome  
Your Suggestions!**