

Serving Strafford
County and Eastern
Rockingham County



FOR PEOPLE WHO ARE:

Between homes,
living in a shelter,
campground,
rooming house,
winter rental, or
couch surfing.



We are at several
convenient locations.



No Appointment Needed



**Confidential! Your privacy
is our #1 concern.**



It is affordable!
Even if you have no
insurance and cannot pay,
you can still receive
high-quality health care on
the van.

**LOOK FOR US ON
ONE OF OUR VANS!**



Families First

support for families...health care for all

(603) 422-8208

www.FamiliesFirstSeacoast.org

**BETWEEN HOMES?
NOT FEELING WELL?**

**HAVEN'T SEEN A
DOCTOR LATELY?**



**THE
HEALTH CARE VAN
CAN HELP**

Families First

support for families...health care for all

Come by the health care van for ...

- Primary health care
- Basic health screenings
- Access to dental care
- Foot care
- Access to prenatal care

Everyone is Welcome

- Single
- Partnered
- Families

We can help you with referrals for...

- Substance use counseling
- Mental health care
- Family support
- Living situation

Van Schedule

PORTSMOUTH

Cross Roads House, Lafayette Rd.

Clinic Inside (no van)

Mondays, 8:30-11:00 AM

Tuesdays, 6-7:45 PM

Thursdays, 8:30-10:30 AM

Seacoast Community Church, Lafayette Rd.

Tuesdays, 11 AM – 1 PM

Salvation Army (upstairs), Middle St.

Tuesdays, 4-6 PM

St. John's Episcopal Church, Chapel St.

Thursdays, 11 AM – 2 PM

HAMPTON

Summer Schedule (May thru September)

Salvation Army, Route 1

Tuesdays, 9 AM – 12:30 PM

Fridays, 10 AM – 1 PM

Winter Schedule (October thru April)

Hampton Beach (On Ocean Blvd)

Tuesdays, 9 AM – 12:30 PM

Salvation Army, Route 1

Fridays, 10 AM – 1 PM

DOVER

Train Station, Chestnut St.

Wednesdays, 9-11 AM

ROCHESTER

Salvation Army, 10 Olde Farm Lane

Mondays, 12-2 PM

Wednesdays, 12-2 PM

Overwhelmed? We can help you fill out your paperwork for ...

- Food stamps, WIC, TANF
- SSI/SSDI
- Housing
- Medicare, Medicaid
- NH Healthy Kids
- SeaCare Health Services

**Please call
1-888-922-0005
to check for schedule
changes, additions or
cancellations.**

FIND OUT MORE:

Call 603-422-8208 and ask for Emily Thompson (ext. 129) or Jessica Brazeau (ext. 303).

**We Welcome
Your Suggestions!**