

# Families First

support for families...health care for all

# The Health Care Van

## MONDAYS

### Portsmouth

8:30–11 AM

Cross Roads House  
(clinic inside; no van)  
Lafayette Road

### Rochester

12–2 PM

Salvation Army  
10 Olde Farm Lane



No Insurance?  
No Money?  
... No Problem!

## TUESDAYS

### Hampton

9 AM – 12:30 PM

*October thru April:*  
Hampton Beach,  
across from McDonald's,  
next to Commerce Building

*May thru September:*  
Salvation Army  
Lafayette Rd. / Route 1

### Portsmouth

11 AM – 1 PM

Seacoast Community Church  
Lafayette Road

### Portsmouth

4–6 PM

Salvation Army (upstairs)  
Middle Street

### Portsmouth

6–7:45 PM

Cross Roads House  
(clinic inside; no van)  
Lafayette Road

## WEDNESDAYS

### Dover

9–11 AM

Train Station  
Chestnut Street

### Rochester

12–2 PM

Salvation Army  
10 Olde Farm Lane

## THURSDAYS

### Portsmouth

8:30–10:30 AM

Cross Roads House  
(clinic inside; no van)  
Lafayette Road

### Portsmouth

11 AM – 2 PM

St. John's Episcopal Church  
Chapel Street

## FRIDAYS

### Hampton

10 AM – 1 PM

Salvation Army  
Lafayette Rd. / Route 1

### THE HEALTH CARE VAN IS FOR PEOPLE WHO ARE:

Between homes, couch surfing, or living in a shelter, winter rental, campground, or rooming house.

◆  
No Appointment Needed

◆  
Completely confidential!

◆  
Affordable!

Even if you have no insurance and cannot pay,  
you can still receive high-quality health care!