

Come to

Family Fun Night

For families who are between homes or under stress



- ◆ Reduce stress
- ◆ Enjoy a relaxing dinner with your family
- ◆ Chill-out time for parents
- ◆ Games for kids
- ◆ Free Child Care
- ◆ Fun family activities

Families First

support for families...health care for all

- Date:** Monday nights
Time: 5:30–7:30 pm
Place: Community Campus, Portsmouth
Cost: Free!
Child care: Free for ages 12 and under with advance signup
More info: www.FamiliesFirstSeacoast.org
Advance signup required! Call 422-8208 x125

Call now to
reserve a spot
422-8208 x125

Families First Health & Support Center is a nonprofit community health center providing health care and family services. Support for parenting and family programs in Portsmouth comes from The NH Department of Health and Human Services, the Foundation for Seacoast Health, Portsmouth Regional Hospital, NH Children's Trust Fund, United Way of the Greater Seacoast, Fuller Foundation, Portsmouth Community Development Block Grants, and the Towns of Rye, Greenland and Stratham.