

Come to

# Family Fun Night

For families who are between homes or under stress



- Reduce stress
- Enjoy a relaxing dinner with your family
- Chill-out time for parents
- Games for kids
- Free Child Care
- Fun family activities

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## Families First

*support for families...health care for all*

- Date:** Monday nights  
**Time:** 5:30–7:30 pm  
**Place:** Community Campus, Portsmouth  
**Cost:** Free!  
**Child care:** Free for ages 12 and under with advance signup  
**More info:** [www.FamiliesFirstSeacoast.org](http://www.FamiliesFirstSeacoast.org)  
**Advance signup required!** Call 422-8208 x125

Call now to  
reserve a spot  
422-8208 x125

Families First is a nonprofit agency providing a broad range of health care and family support services. Parenting classes, family programs, children's programs and support groups at Families First are made possible by: State of New Hampshire, Foundation for Seacoast Health, United Way of the Greater Seacoast, Rockingham County Incentive Funds, Portsmouth Regional Hospital, NH Children's Trust Fund, Wheelabrator Technologies, Citizens Bank Foundation, Portsmouth Community Development Block Grants, Fuller Foundation, American Culinary Federation and Target.