

In Hampton

# Family Morning Out

*For children ages birth to six & parents*



- **First Half:** Parents and kids together in activities, circle, songs, stories, and snack.
- **Second Half:** Share parenting strategies with other parents while your children play with our child care staff. Discussion theme: Making Connections.

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**Date:** Wednesdays  
**Time:** 9:30–11:00 AM  
**Place:** Hobbs House, 200 High St. Hampton  
**Cost:** Free! Morning snack included!  
**More info:** [www.FamiliesFirstSeacoast.org](http://www.FamiliesFirstSeacoast.org)  
**Advance signup required!** Call Families First at  
422-8208 x2 or Hobbs House at Trinity  
Church for assistance at 926-4936.

*Presented by:*

## **Families First**

*support for families...health care for all*

*In collaboration with:*

**Trinity Church**

Presented by Families First Health & Support Center in partnership with the Lower Seacoast Youth and Family Coalition. Support for parenting and family programs in the Lower Seacoast comes from the NH Department of Health and Human Services, Foundation for Seacoast Health, Exeter Hospital, United Way of the Greater Seacoast, NH Children's Trust Fund, Fuller Foundation, the Provident Community Foundation, and the Towns of Exeter, Hampton, Seabrook, North Hampton and Hampton Falls.