

In Epping

# Family Morning Out

*For children ages birth to six & parents*



- **First Half:** Parents and kids join together for play, circle time, creative activities, stories, and snacks.
- **Second Half:** Children play with child care staff, while parents gather for informal discussion and parenting strategy tips.

**Facilitator: Susie Bright**

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**Date:** Thursdays (Through June 2010)  
**Time:** 9:30–11:00 AM  
**Place:** Epping Recreation Center,  
Watson Academy, 17 Academy Street  
**Cost:** Free! Snack included!  
**More info:** [www.FamiliesFirstSeacoast.org](http://www.FamiliesFirstSeacoast.org)  
**Advance signup required!** Call 603-422-8208 x2

*Presented by:*

**Families First**

*support for families...health care for all*

*In collaboration with:*

**Epping Recreation Department**