

Community Partners of The Coalition for Domestic Abuse Recovery

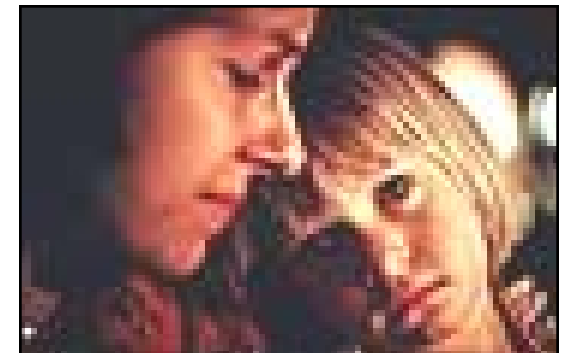
- A Safe Place
- Division for Children, Youth & Families
- Families First Health & Support Center
- NH Coalition Against Domestic and Sexual Violence
- Seacoast Mental Health



The Community Group Program is
funded in partnership with
NH Women's Fund and
Endowment for Health

Groups for Children and Their Mothers Who have Experienced Domestic Abuse

*A Therapeutic Program for
Mothers and their Children/Youth
7-13 Years of Age*



A Program of the
The Coalition for
Domestic Abuse Recovery

The Program for Mothers and Children Exposed to Domestic Abuse runs for twelve sessions for children/youth, 7-13 years of age, and their mothers who have experienced abuse in their family. The program offers the opportunity for healing in a comfortable confidential setting.

Groups are held in the evening at the Community Campus in Portsmouth. Refreshments are provided. Call for start dates.

Children's Groups...

Children/youth participate in activities and discussions around such topics as: feelings awareness, safety planning and positive problem solving. Trained facilitators help to create a safe, and comfortable environment for children.

Children will have the opportunity to process and understand the hurting that happened in their family.

Mothers' Groups...

Mothers participate in an adult group, at the same time as their children participate in a group. Childcare for younger siblings is available during group time.

The Mothers' Group provides the opportunity for mothers to gain information on how to support their family in recovering from the impact of abuse. Trained facilitators help to create a safe, and comfortable environment for mothers.

Self referrals to the program are confidential. Contact the Group Coordinator at 1-800-854-3552 for a pre-group consultation.

Contact Information...

Coalition for
Domestic Abuse Recovery
Community Coordinator

A Safe Place

6 Greenleaf Woods #101
Portsmouth, NH 03801

Phone: 1-800-854-3552

Fax: 603-436-7951



Services offered to children
(7-13 years of age) and their mothers.