

Co-Parenting for the sake of your kids



Finding it hard to get your “ex” to cooperate?

Want to keep your kids out of the middle?

Wishing for smoother pick-ups and drop-offs?

This class for divorced or separated parents can help!

Facilitator: Tim Cunningham, Co-Parent Mediator

Families First

support for families...health care for all

- Date:** Thursdays, Feb 4–25, 2010
Time: 6:00 to 7:30 p.m.
Place: Community Campus, Portsmouth
Cost: \$40
Child care: Free for ages 12 and under with advance signup
More info: www.FamiliesFirstSeacoast.org
Advance signup required! Call 422-8208 (press 2)

**Do the best
for your kids!**

Families First Health & Support Center is a nonprofit agency providing a broad range of health care and family services. Support for parenting and family programs in Portsmouth comes from The NH Department of Health and Human Services, the Foundation for Seacoast Health, Portsmouth Regional Hospital, United Way of the Greater Seacoast, the NH Children’s Trust Fund, the Fuller Foundation, Portsmouth Community Development Block Grants, and the Towns of Rye, Greenland and Stratham.